

Appanoose County Resource Directory



Appanoose County, Iowa 2020

Appanoose County Resource Directory online version:

www.marionph.org

Appanoose County Offices

County Office	Location	Phone
Assessor's Office	201 N. 12 th St. Centerville, IA 52544	641-437-4529
County Attorney	201 N. 12 th St. Centerville, IA 52544	641-437-7178
Auditor's Office	201 N. 12 th St. Centerville, IA 52544	641-856-6191
Board of Supervisors	201 N. 12 th St. Centerville, IA 52544	641-856-5512
Clerk of Court	201 N. 12 th St. Centerville, IA 52544	641-856-6101
Recorder	201 N. 12 th St. Centerville, IA 52544	641-856-6103
Treasurer's Office	201 N. 12 th St. Centerville, IA 52544	641-856-3097
ADLM Environmental Health	12307 Hwy 5, PO Box 399 Moravia, IA 52571	641-724-3511
Conservation	25100 520 th St. Centerville, IA 52544	641-856-8528
Disability Services Coordinator	209 E. Jackson St. Centerville, IA 52544	641-856-2085
Emergency Management	12307 Hwy 5, PO Box 399 Moravia, IA 52571	641-724-3223
Engineer's Office	1200 Hwy 2 West Centerville, IA 52544	641-856-6193
General Assistance	PO Box 271 Centerville, IA 52571	641-856-7431
Planning & Zoning	1200 Hwy 2 West Centerville, IA 52544	641-856-6193
Public Health	209 E. Jackson St. Centerville, IA 52544	641-437-4332
Sheriff's Office	1125 W. Van Buren St., PO Box 474 Centerville, IA 52544	641-437-7100
South Central Behavioral Health Region	209 E. Jackson St., PO Box 425 Centerville, IA 52544	641-856-2085
Veterans Affairs	19999 St. Joseph's Dr. Centerville, IA 52544	641-856-6597

Quick Reference Phone Guide

Affordable Healthcare	www.healthcare.gov	1-800-318-2596
AIDS Hotline		1-800-273-AIDS
Alcoholics Anonymous		1-515-282-8550
Alzheimer's Disease Helpline		1-800-272-3900
American Association on Diabetes		1-800-232-3472
American Cancer Society		1-800-227-2345
American Council of the Blind		1-800-424-8666
American Foundation for the Blind		1-800-232-5463
American Heart Association		1-800-242-8721
American Kidney Fund		1-800-638-8299
American Red Cross		1-800-733-2767
American Speech-Language-Hearing Association (ASHA)		1-800-638-8255
The Arc of the United States (Advocacy for/with individuals with ID/DD)		1-800-433-5255
Arthritis Foundation		1-844-571-HELP
Better Business Bureau (BBB)	www.bbb.org	1-703-276-0100
Better Hearing (Hearing Industries Association)		1-800-EAR-WELL
Boys Town National Hotline		1-800-448-3000
Child/Adult Abuse/Neglect Reporting		1-800-362-2178
Child Find of America – 2nd Line		1-800-426-5678
Child Find of America – Parents Help Line		1-800-AWAY-OUT
Children's Wish Foundation		1-800-323-9474
COMPASS for Disabled People (Iowa)		1-800-779-2001
Crisis Intervention Services (Family Violence)	www.stopdvsa.org	1-800-270-1620
Deaf Iowans Against Abuse Hotline	Text: 515-661-4015 or	1-319-531-7719
Deaf Services of Iowa	www.deafservices.iowa.gov	1-888-221-3724
Dependent Adult and Child Abuse (Referral)		1-800-362-2178
Disability Rights IOWA (Iowa Protection & Advocacy)		1-800-779-2502
Domestic Abuse Hotline		1-800-770-1650
Easter Seal Society of Iowa, Inc.		1-515-289-1933
Epilepsy Foundation		1-800-332-1000
Eye Care – National Help Line		1-877-887-6327
Federal Insurance Consumer Help Line	www.iii.org	1-800-942-4242
First Call for Help (United Way 211 Line)		1-515-246-6555
Foundation 2 Mental Health Crisis Hotline		1-800-332-4224
Gambling Hotline		1-800-BETS-OFF
G.E.D. or High School Equivalency Diploma		1-800-316-6850
Hawki (Free or Low-Cost Health Coverage for Kids)		1-800-257-8563
Hay/Straw Hotline (List your Hay/Straw for sale)	www.iowaagriculture.gov	1-800-383-5079
Health Information Resource Center	www.health.gov/nhic	1-240-453-8280
Healthy Families Hotline (ISU)		1-800-369-2229
Huntington's Disease Society of America		1-800-345-4372
International Dyslexia Association		1-800-222-3123
Iowa Attorney General – Consumer Protection		1-888-777-4590
Iowa Arson/Crime Hotline		1-800-532-1459
Iowa Civil Rights Commission		1-800-457-4416
Iowa Commission for the Blind		1-800-362-2587

Iowa Commission on the Status of Women		1-800-558-4427
Iowa Compass (Disability resources)	TTY: 1-800-735-2942	1-800-779-2001
Iowa Child Abuse Reporting Hotline		1-800-362-2178
Iowa Department of the Blind	www.blind.state.ia.us	1-800-362-2587
Iowa Department on Aging	www.iowaaging.gov	1-800-532-3213
Iowa Legal Aid	www.iowalegalaid.org	1-800-532-1275
Iowa One Call (48hr notice required)	www.iowaonecall.com / 811 /	1-800-292-8989
Iowa Poison Control Center	Emergency: 800-222-1222	1-712-279-3710
Iowa Sexual Assault Hotline		1-800-284-7821
Iowa Society to Prevent Blindness	515-244-4341 or	1-800-329-8782
Iowa State Bar Association (Locate a Lawyer)	www.iowabar.org	1-800-457-3729
Iowa State Patrol Emergency		1-800-525-5555
Iowa Victim Service Call Center - Text 'iowahelp' to 20121 or	www.survivorshelpline.org	1-800-770-1650
Iowa Workforce Development		1-800-562-4692
IRS (Assistance for Individuals)		1-800-829-1040
ISU Iowa Concern Hotline		1-800-447-1985
ISU Extension and Outreach		1-800-262-3804
Juvenile Diabetes Foundation (International)		1-800-533-2873
Legal Hotline for Older Iowans - Iowa Legal Aid (60 & older)		1-800-992-8161
Living Bank Organ Donation		1-800-528-2971
Lupus Foundation		1-800-558-0121
Lymphedema Network (National)		1-800-541-3259
Medical Alert/Connect America	www.MedAlert.net	1-800-215-4206
Medicare	1-800-633-4227 or	1-800-MEDICARE
Medicare/Social Security	TTY: 1-800-325-0778	1-800-772-1213
Motor Vehicle Information Center (Iowa DOT)		1-800-532-1121
Multiple Sclerosis Society		1-800-FIGHT-MS
National Alcohol Hotline		1-800-252-6465
National Association on Mental Illness (NAMI)		1-800-950-6264
National Center of Missing and Exploited Children		1-800-THELOST
National Council on Alcoholism		1-800-NCA-CALL
National Down's Syndrome Society		1-800-221-4602
National Institute on Drug Abuse (NIDA)		1-800-729-6686
National Kidney Foundation		1-800-522-9559
National Parkinson's Foundation		1-800-457-6676
National STD Hotline		1-800-227-8922
Ombudsman/Iowa Citizens Aid	TTY: 515-281-3592	1-888-426-6283
Refugee Services		1-800-362-2780
Scleroderma Foundation		1-800-722-HOPE
Senior Health Insurance Program (SHIIP)		1-800-351-4664
SIDS American Institute	www.SIDS.org	1-239-431-5425
Substance Abuse and Mental Health Services Administration (SAMHSA)		1-800-662-4357
Suicide Prevention Hotline		1-800-273-TALK
Teen Line (ISU extension)	TTY: 1-800-735-2942	1-800-443-8336
Thursday's Child (Helpline for Endangered Youth)	www.thursdayschild.org	1-800-USA-KIDS
Veteran's Information (National)	www.va.gov	1-800-827-1000
Veteran's Crisis Line Text #838255	TTY: 1-800-799-4889	1-800-273-8255
Vocational Rehab		1-800-532-1486

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ABUSE & PREVENTION

Appanoose County Family Alliance

Community Partnership for Protecting Children (CPPC)

A local Child Abuse Prevention council working to ensure that all children have a happy & healthy childhood.

Contact Iowa State University Extension and Outreach

501 N. 12th St.

Centerville, IA 52544

Phone: 641-856-3885

Website: www.extension.iastate.edu/appanoose/content/community-partnerships-protecting-children

Children & Families of Iowa

Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.

Des Moines Office

1111 University Ave.

Des Moines, IA 50314

Phone: 515-288-1981

Crisis Hotline: 515-243-6147

Ottumwa Office

111 East Main St.

Ottumwa, IA 50201

Phone: 641-954-1233

Website: www.cfiowa.org

Crisis Intervention Services (CIS)

Provide comprehensive sexual assault services, violent crime services, prevention programming, and emergency housing for victims of domestic abuse, sexual violence, and violent crimes for the counties of Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Poweshiek, Wapello, & Wayne

500 High Ave. W

Oskaloosa, IA 52577

Phone: 641-673-0336 (Office)

844-673-5499 (Emergency Housing Crisis line)

800-270-1620 (Sexual Assault Crisis Line)

Website: www.stopdvsa.org

E-mail: help@stopdvsa.org

Family Crisis Center

Provide 24 hour crisis line, one-on-one counseling, general support services, court advocacy, medical advocacy, and housing advocacy

1014 N. Elm St., PO Box 446

Ottumwa, IA 52501

Phone: 641-683-1750

24hr Crisis Line: 800-464-8340

Website: www.ottumwacrisiscenter.org

First Resources Corporation

Services for people with disabilities, families, mental health, substance abuse treatment, and recovery services.

310 W. Washington St., Suite 2

Centerville, IA 52544

Phone: 641-856-5382

Website: www.firstresources.us

Fax: 641-856-2372

Sieda Community Action

Problem gambling treatment services, tobacco cessation, substance abuse prevention with outpatient counseling services & over the phone

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-8437

Website: www.sieda.org

Prevent Child Abuse Iowa

Educational programs and advocacy to prevent child abuse.

2704 Fleur Dr.

Des Moines, IA 50321

Phone: 515-244-2200

E-mail: pcaia@pcaiowa.org

Website: www.pcaiowa.org

Toll Free: 800-237-1815

For Child Abuse Prevention Programs in Appanoose County, please contact the Appanoose County ISU Extension and Outreach office listed below.

(Appanoose County Family Alliance - Community Partnership for Protecting Children (CPPC))

501 N. 12th St., Centerville, IA 52544

Phone: 641-856-3885

Iowa Coalition Against Sexual Assault (CASA)

IowaCASA provides a bridge between advocates at sexual assault service programs, statewide policy makers, and federal responses to sexual violence and violence against women.

3030 Merle Hay Rd.

Des Moines, IA 50310

Phone: 515-244-7424

Website: www.iowacasa.org

Polk County Crisis and Advocacy Services

Assistance for victims of sexual assault and other violent crimes

2309 Euclid Ave.

Des Moines, IA 50310

Phone: 515-286-3600

Website: www.polkcountyiowa.gov

Fax: 515-286-2032

Iowa ARCh (Iowa Affirmation & Resources Chat)

Chatroom for survivors of sexual violence and their loved ones-open 9:00am-9:00pm CST

Website: www.iowaarch.org

ADVOCACY/OUTREACH/REFERRAL

Appanoose County ISU Extension & Outreach

Provides information regarding agriculture, business and continuing education

501 N. 12th St., Suite 4

Centerville, IA 52544

Phone: 641-856-3885

Website: www.extension.iastate.edu/appanoose

Sieda Community Action

Provides utility assistance and home weatherization for low income families, substance abuse programs, tobacco cessation (Stop smoking help and prevention information, education and referral)

111 N. Main St.

Centerville, IA 52544

Website: www.sieda.org

Quitline Iowa: 1-800 QUIT NOW

Phone: 641-856-8437

Quitline Website: www.quitlineiowa.org

Heartland Pregnancy Center

Offers the following FREE services: pregnancy tests, pregnancy counseling, information about pregnancy, abortion, adoption, and STDs, support throughout your pregnancy, counseling and referrals for adoption, educational classes, referrals for legal aid, medical care, and social services, and a baby boutique which has baby clothing, furniture, and maternity clothing.

101 S. Market St.

Ottumwa, IA 52501

Phone: 641-683-3030

Website: www.ottumwachoices.com

24/7 Hotline: 866-277-3472

Consumer Credit of Des Moines

Bankruptcy education, credit counseling, foreclosure mitigation, and first-time home buyer counseling.

6129 SW 63rd St.

Des Moines, IA 50321

Phone: 515-287-6428 or 800-955-5765

Website: www.consumercredit-dm.com

ASSISTANCE - Clothing

Hope Chest Thrift Store

Low cost household and clothing items

1003 N. 18th St.

Centerville, IA 52544

Website: www.newhopeministrycc.org

Phone: 641-437-4900

Second Time Around

Low cost household and clothing items

110 W. Jackson St.

Centerville, IA 52544

Phone: 641-437-7355

Goodwill - Ottumwa

Low cost household and clothing items

850 N. Quincy Ave.

Ottumwa, IA 52501

Website: www.goodwill.org

Phone: 641-682-4704

ASSISTANCE - Food & Nutrition

APC Food Pantry

Available to citizens of Appanoose County. Must meet income guidelines for emergency food assistance and provide proof of income, Social Security card, & ID.

Apostolic Pentecostal Church

1307 W. Washington St.

Centerville, IA 52544

Fridays at 1:00pm

Website: www.centervilleapc.com

Phone: 641-856-8244

Appanoose County Lord's Cupboard

Food Pantry

417 N. 12th St.

Centerville, IA 52544

Phone: 641-856-3547 or 641-895-7646

Centerville Senior Center

Milestones Area Agency on Aging - Congregate Meal Site & Home Delivered Meals

922 W. State St.

Centerville, IA 52544

Phone: 641-856-8627

Indian Hills Community College

Food Assistance Employment & Training Program. Both campuses have a food pantry available to students.

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5131

Website: www.indianhills.edu

Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

Iowa Department of Human Services - Food Assistance Application

Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA

Mail or Fax Application to:

Imaging Center 4

PO Box 2027

Cedar Rapids, IA 52406

Phone: 319-892-6700 or 866-534-3112

Apply online: www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx

PDF Application: www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134

Website: www.dhs.iowa.gov/food-assistance

Fax: 515-564-4017

Women, Infant & Children Nutrition Program (WIC)

For children 0-5 years old and women who are pregnant, breastfeeding or just had a baby. This program provides nutritional education and checks to families to purchase baby formula, milk, eggs and other healthy foods. (American Home Findings manages this program for Appanoose County)

Main Office

333 Church St.

Ottumwa, IA 52501

Phone: 641-682-8784

Toll Free: 800-452-1098

WIC Clinic Location

River Hills Community Health Center

1015 N. 18th St., Suite C

Centerville, IA 52544

Phone: 641-680-2001

ASSISTANCE – General

Appanoose County General Assistance Office

Limited financial assistance for eligible (poor or in need) citizens of Appanoose County.

209 E. Jackson St., PO Box 271

Centerville, IA 52544

Phone: 641-856-7431

Website: www.appanoosecounty.net

Appanoose County Community Services/South Central Behavioral Health Region

Limited financial assistance for eligible persons in Appanoose County with a mental health diagnosis.

209 E. Jackson St.

Centerville, IA 52544

Email: Stephanie.koch@scbhr.net

Website: www.scbhr.org

Phone: 641-856-2085

Fax: 641-856-4007

Department of Human Services (Appanoose County)

Offers child and adult protective services, alternate living, state assistance

209 E. Jackson St.

Centerville, IA 52544

Website: www.dhs.iowa.gov

Phone: 641-682-8793

**By appointment only – served by the Ottumwa DHS office*

Sieda Community Action

Provides utility assistance and home weatherization for low-income families

111 N. Main St.

Centerville, IA 52544

Website: www.sieda.org

Phone: 641-856-8437

Social Security Administration

2429 Northgate St., Suite A

Ottumwa, IA 52501

Website: www.ssa.gov

Phone: 866-964-7394

CAMPS

Camp Appanoose

Offers a variety of programs for youth ages 8-18. Participants are challenged to pursue their interests, develop their unique gifts, and serve others. Each program is educational and is integrated with Biblical teaching.

13380 430th St.

Email: cabar@campappanoose.org

Plano, IA 52581

Website: www.campappanoose.org

Phone: 641-649-2491

Fax: 641-649-2481

Wesley Woods Camp & Retreat Center

Offers summer camps, an equestrian center, and a retreat center.

10896 Nixon St.

Indianola, IA 50125

Email: wesleywoods.camp@iaumc.org

Phone: 866-684-7753

Website: www.WesleyWoodsIowa.org

Lake View Camp & Conference Center

Summer camps for children/adults, year-round work trip opportunities & a quiet place for retreats & gatherings.

Office

PO Box 836

Pella, IA 50219

Phone: 641-628-2160

Camp Address

1797 Hwy T17

Tracy, IA 50256

Website: www.lakeviewconference.com

CHILD CARE - Child Care Centers

Curious Kids Preschool and Child Care Center

505 E. Walsh

Centerville, IA 52544

Website: www.mbcuriouskids.com

Kid's World Daycare and Preschool

722 N. 1st St.
Centerville, IA 52544
Phone: 641-437-1500
Website: www.kidsworldpreschool.weebly.com

CHILD CARE – Referrals and Assistance

Iowa Child Care Resource & Referral of Central Iowa

Helps parents find child care. Provides home providers, centers and preschools with consultation, staff training, registration/licensure information, and resources to improve the quality of care provided.

Orchard Place

808 5th Ave.
Des Moines, IA 50309
Parent Referral Line: 855-CHILD-01(244-5301)

Website: www.iowaccrr.org

Regional Office: 800-722-7619

Local Consultant: 641-820-1922

Iowa Department of Human Services - Child Care Assistance Application

Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA

Mail completed application to: Human Services River Place Office

2309 Euclid Avenue
Des Moines, IA 50310
Phone: 866-448-4605

Website: www.dhs.iowa.gov/child-care

Fax: 515-564-4032

Apply online: www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx

PDF Application: www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134

CHURCHES

First Baptist Church

603 West State Street
Centerville, Iowa 52544
Phone: 641-856-2420

First United Methodist Church

410 North Main Street
Centerville, Iowa 52544
Phone: 641-856-3213

Grace Tabernacle Baptist Church

914 North Park Ave
Centerville, Iowa 52544
Phone: 641-856-2797

Solid Rock Church of God

1220 Rock Valley Rd
Centerville, Iowa 52544
Phone: 641-216-3982

First Evangelical Lutheran Church

410 East Sheridan Avenue
Centerville, Iowa 52544
Phone: 641-856-3213
Website: www.firstlutherancenterville.org

Assembly of God

1020 East Maple Street
Centerville, Iowa 52544
Phone: 641-437-4673

First Presbyterian Church

102 North Main Street
Centerville, Iowa 52544
Phone: 641-856-3585

Church of Nazarene

415 Bank Street
Centerville, Iowa 52544
Phone: 641-856-6646

Church of Christ

311 East Franklin Street
Centerville, Iowa 52544
Phone: 641-856-3916

Apostolic Pentecostal

1307 West Washington Street
Centerville, Iowa 52544
Phone: 641-856-8248

St. Mary's Catholic Church

838 South 18th Street
Centerville, Iowa 52544
Phone: 641-437-1984

COMMUNITY GROUPS & ORGANIZATIONS**4H Program****ISU Extension and Outreach Office**

501 N. 12th St., #4
Centerville, IA 52544
Phone: 641-856-3885

Website: www.extension.iastate.edu/appanoose/4h

Appanoose County Historical Society (& Historical Coal Mining Museum)

Replica mines, mining exhibits and a mining video in basement level. Also features local history, including military, textiles and fine arts. Housed in 1903 post office.

100 W. Maple St.
Centerville, IA 52544
Phone: 641-856-8040

Website: www.appanoosehistory.com

Boy Scouts

6123 Scout Trail
Des Moines, IA 50321
Phone: 515-266-2135

Website: www.midiowacouncilbsa.org

Centerville-Rathbun Lake Area Chamber of Commerce

128 N. 12th St.
Centerville, IA 52544
Phone: 641-437-4102

Website: www.centervilleia.com

Furever Friends Rescue of Appanoose County, Inc.

PO Box 663
Centerville, IA 52544

Website: www.FureverFriendsRescueofAppanoose.org

Centerville Rotary Club

Meets every Wednesday at noon.

Wray's Catering

24256 Hwy 5
Centerville, IA 52544

Website: www.Rotary6000.org

Drake Public Library

Youth reading programs, preschool story time, computer labs, test proctoring, genealogy research, meeting rooms, a 'book nook,' and online research.

115 Drake Ave.
Centerville, IA 52544
Phone: 641-856-6676

Website: www.drakepubliclibrary.org
Fax: 641-856-6135

Farmer's Market

Runs the first Wednesday in June - around the end of September. Every Wednesday (3pm-5pm) Every Saturday starting in July (10am-Noon) on the corner of Hwy 2 & Main St.

Phone: 641-856-9303 (Crystal Smith)

Girl Scouts of Greater Iowa

10715 Hickman Rd.
Des Moines, IA 50322
Phone: 515-278-2881

Website: www.girlscoutsiowa.org
Toll Free: 800-342-8389

NAMI South Central Iowa

Local mental health organization raising awareness, providing education, and offering support groups.

Chapter Meetings held at: St. Mary's Discipleship Center

828 S. 18th St.
Centerville, IA 52544
Phone: 641-216-3114

Website: www.NAMI.org

DISABILITY SERVICES**Appanoose County Community Services/South Central Behavioral Health Region**

Limited financial assistance for eligible persons in Appanoose County with a mental health diagnosis.

209 E. Jackson St.
Centerville, IA 52544
Phone: 641-856-2085
Hotline: 1-844-775-9276

Email: Stephanie.koch@scbhr.net
Website: www.scbhr.org
Fax: 641-856-4007

Centerville Community Betterment, Inc.

Provides counseling for children & adults, residential services, adult day care, HCBS waiver services, supported employment, habilitation services, and 24 hour/hourly services.

1111 N. Haynes Ave.
Centerville, IA 52544

Website: www.centervillecommunitybetterment.com
Phone: 641-437-1051

Tenco

Serves individuals with MI/BI/ID and with waivers, residential services up to 24 hours per day, day programming, and supported employment.

102 W. Washington St.
Centerville, IA 52544
Phone: 641-437-1722

Website: www.tenco.org
Fax: 641-437-1028

Optimae Life Services & Recovery and Resource Center

Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (M-F for anyone with a MH condition), and free lunch Monday-Friday.

209 E. Maple St., Unit 8
Centerville, IA 52544
Phone: 641-216-8227

Website: www.optimaelifeservices.com

First Resources Corporation

Services for people with disabilities, families, and mental health & substance abuse treatment/recovery services

310 W Washington St., Suite 2
Centerville, IA 52544
Phone: 641-856-5382

Website: www.firstresources.us
Fax: 641-856-2372

Southern Iowa Independent Living

Provides Supported Community Living services for people who qualify for the HCBS ID or BI Waivers in a residential setting up to 24-hour assistance.

1024 N. 18th St., PO Box 1066
Centerville, IA 52544
Phone: 641-895-6894 or 641-895-6893

Email: beworth.siil@gmail.com

New Hope Loan Closet

Variety of Medical Equipment available to borrow at no charge.

1003 N. 18th St.
Centerville, IA 52544
Phone: 641-856-3326

Website: www.newhopeministrycc.org

Child Health Specialty Clinic

123 E. Third St., Suite 2
Ottumwa, IA 52501
Phone: 641-682-8145

Website: www.chcsi.org
Fax: 641-682-8857

Southern Iowa Resources for Families

615 N. Washington
Corydon, IA 50060
Phone: 641-872-1411

Iowa Compass

Information for Iowans with disabilities and the people that work with them

100 Hawkins Dr., Suite 295
Iowa City, IA 52242

Website: www.iowacompass.org

Phone: 800-779-2001 (Dial 711 for Relay) E-mail: iowa-compass@uiowa.edu

Disability Rights IOWA

Iowa Protection and Advocacy Services

400 E. Court Ave., Suite 300

Des Moines, IA 50309

Phone: 515-278-2502 (Dial 711 for Relay)

Website: www.disabilityrightsiowa.org

Toll Free: 800-779-2502

Iowa Vocational Rehabilitation Services

Work for and with individuals who have disabilities to achieve their employment, independence and economic goals.

15260 Truman St., Suite 4

Ottumwa, IA 52501

Phone: 641-682-7569

Website: www.ivrs.iowa.gov

Fax: 641-682-6219

DISASTER ASSISTANCE

American Red Cross

2116 Grand Ave.

Des Moines, IA 50312

Phone: 515-243-7681

Website: www.redcross.org

Iowa Individual Disaster Assistance Program

PDF Application: www.dhs.iowa.gov/sites/default/files/470-4448%20Fillable.pdf?082220192218

Return Application to:

Sieda Community Action - Appanoose County Outreach Center

111 N. Main St., PO Box 383

Centerville, IA 52544

Phone: 641-856-8437

Website: www.dhs.iowa.gov/disaster-assistance-programs

Disaster Assistance Phone: 866-434-4692

EDUCATION - Preschool

Centerville Community Preschool

603 N. 10th St.

Centerville, IA 52544

Phone: 641-856-0749

Curious Kids Preschool and Child Care Center

505 E. Walsh

Centerville, IA 52544

Phone: 641-856-2918

Website: www.mbcuriouskids.com

Email: michelleflowers2003@yahoo.com

Kid's World Daycare and Preschool

722 N. 1st St.

Centerville, IA 52544
Phone: 641-437-1500

Website: www.kidsworldpreschool.weebly.com

EDUCATION - Elementary, Middle, and High School

Centerville Community School District

634 N. Main St.

Centerville, IA 52544

Phone: 641-856-0601 (Administration Office)

Website: www.centervilleschools.org

Central Ward Elementary (K - 1st)

320 Drake Ave.

Centerville, IA 52544

Phone: 641-856-0709

Lakeview Elementary (2nd - 5th)

1800 S. 11th St.

Centerville, IA 52544

Phone: 641-856-0637

Howar Middle School (6th - 8th)

850 S. Park

Centerville, IA 52544

Phone: 641-856-0760

Centerville High School (9th - 12th)

600 CHS Dr.

Centerville, IA 52544

Phone: 641-856-0813

Moravia Community School District

505 N Trussell Ave

Moravia, IA 52571

Phone: 641-724-3241

Website: www.moravia.k12.ia.us

Fax: 641-724-0629

Moulton-Udell Community School District

305 East 8th Street

Moulton, IA 52572

Phone: 641-642-8131

Website: www.moulton-udell.org

Fax: 641-642-3461

EDUCATION - College

Indian Hills Community College

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5111

Toll Free: 800-726-2585

Website: www.indianhills.edu

Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

EDUCATION - Family-Based

Appanoose County ISU Extension & Outreach

Provide research-based learning opportunities on agriculture, business, family, and continuing education.

501 N. 12th St., Suite 4

Centerville, IA 52544

Phone: 641-856-3885

Website: www.extension.iastate.edu/appanoose

Sieda Community Action

Family Development and Self-Sufficiency; Parenting Wisely – Young Children

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-8437

Website: www.sieda.org

Parents as Teachers

Early childhood parent education and family support program offering in-home parental education

603 N. 10th St.

Centerville, IA 52544

Phone: 641-895-0800

Website: www.scicap.org

Indian Hills Community College - Court Mandated Programs & Continuing Ed

Provides court mandated classes such as: anger management, children in between, drinking drivers (12hr), and driving improvement classes. Also offers continuing education classes for a variety of careers.

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5111

Toll Free: 800-726-2585

Website: www.indianhills.edu

Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

NEST

Parent education and support program that helps families through their parenting journey while also offering incentive points that spend like money in the NEST store.

501 N. 12th St., Suite 4

Centerville, IA 52544

Phone: 641-856-3885

Email: mehoc@iastate.edu

EDUCATION – Special Services

Great Prairie AEA (Albia)

Consultation for families and students with disabilities

103 South A Street, P.O. Box 217

Albia, IA 52531

Phone: 641-932-5003

Website: www.gpaea.org

Toll Free: 800-622-0027

Indian Hills Community College

Iowa Food Assistance Employment & Training Program (PACE-Pathways for Academic Careers and Employment)

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5131

Website: www.indianhills.edu/payingforcollege/pace.php

Email: pace@indianhills.edu

ELECTED OFFICIALS

Appanoose County - Board of Supervisors

201 N. 12th St.

Centerville, IA 52544

Phone: 641-856-5512

Website: www.appanoosecounty.net

Fax: 641-437-5490

City of Centerville - City Council

312 E. Maple St.

Centerville, IA 52544

Phone: 641-437-4339

Website: www.centerville-ia.org

US Representative - David Loeb sack

Iowa City Office

125 S. Dubuque St.

Iowa City, IA 52240

Phone: 319-351-0789

Fax: 319-351-5789

Washington, DC Office

1527 Longworth House Office Bldg.

Washington, DC 20515

Phone: 202-225-6576

Fax: 202-226-0757

Website: www.loeb sack.house.gov

US Senator - Joni Ernst

Des Moines Office

733 Federal Bldg.

210 Walnut St.

Des Moines, IA 50309

Phone: 515-284-4574

Fax: 515-284-4937

Washington, DC Office

111 Russell Senate Office Bldg.

Washington, DC 20510

Phone: 202-224-3254

Fax: 202-224-9369

Website: www.ernst.senate.gov

US Senator - Charles Grassley

Des Moines Office
721 Federal Bldg.
210 Walnut St.
Des Moines, IA 50309
Phone: 515-288-1145
Fax: 515-288-5097

Washington, DC Office
135 Hart Senate Office Bldg.
Washington, DC 20510
Phone: 202-224-3744
Fax: 202-224-6020
Website: www.grassley.senate.gov

State Representative - Holly Brink

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3221

Website: www.legis.iowa.gov
Fax: 515-281-5868

State Senator - Ken Rozenboom

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3371

Website: www.legis.iowa.gov
Fax: 515-242-6108

EMPLOYMENT SERVICES

Iowa Workforce Development

1000 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3747

Website: www.iowaworkforcedevelopment.gov

Iowa Staffing

717 N. 18th St.
Centerville, IA 52544
Phone: 641-569-7900

Website: www.iowa-staffing.com

QPS Employment Group

1121 S. 18th St.
Centerville, IA 52544
Phone: 641-437-4937

Website: www.qpsemployment.com

Star Staffing & HR Services

219 E. State St.
Centerville, IA 52544
Phone: 641-200-0323

Iowa Works of Ottumwa

15260 Truman St.
Ottumwa, IA 52501
Phone: 641-684-5401

Website: www.iowaworkforcedevelopment.gov

Experience Works, Inc.

2973 100th St., Suite 8
Urbandale, IA 50322
Phone: 515-243-2430

Website: www.experienceworks.org
Toll Free: 877-314-7385

Home Base Iowa

Provides veterans and transitioning service members and their families with opportunities and benefits for a successful transition in Iowa — a place to call home.

Phone: (515) 822-8951

Website: www.homebaseiowa.gov

Project Iowa

Offers support and training services to Iowans seeking better careers.

1420 Mulberry St.
Des Moines, IA 50309
Phone: 515-280-1274

Website: www.projectiowa.org

Job Corp Office

Phone: 800-733-5627

Website: www.jobcorps.gov

Iowa Vocational Rehabilitation

Work for & with individuals who have disabilities to achieve their employment, independence & economic goals.

15260 Truman Dr., Suite 4
Ottumwa, IA 52501
Phone: 641-682-7569

Website: www.ivrs.iowa.gov

HEALTH CARE ASSISTANCE**Affordable Care Act**

Health Insurance Marketplace
Dept. of Health and Human Services
465 Industrial Blvd.
London, KY 40750-0001
Phone: 800-318-2596 (National)

Website: www.healthcare.gov
Iowa Website: www.healthinsurance.org/iowa

Phone: 844-342-6604 (State)

Extra Help with Medicare Prescription Drug Costs

You may be able to get extra help to pay for the monthly premiums, annual deductibles, and co-payments related to the Medicare Prescription Drug program. However, you must be enrolled in a Medicare Prescription Drug plan to get this extra help.

Website: www.ssa.gov/benefits/medicare/prescriptionhelp

Apply Online: www.secure.ssa.gov/i1020/start

Phone: 800-772-1213

TTY: 800-325-0778

Note: You DO NOT need to complete this application if you have Medicare and Supplemental Security Income (SSI) or Medicare and Medicaid because you automatically will get the extra help.

Hawki (Healthy & Well Kids in Iowa) & Hawki Dental Only

To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-i income limits; Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get hawk-i

Marion County Public Health
2003 N. Lincoln, PO Box 152
Knoxville, IA 50138
Phone: 641-828-2238

Website: www.marionph.org
Fax: 641-842-3442

Health Insurance Plan of Iowa (HIPIOWA)

*Provides Health Insurance coverage to Iowa residents who have been denied coverage
PO Box 1090*

Great Bend, KS 67530
Phone: 877-793-6880

Website: www.hipiowa.com

Iowa Department of Human Services - Medicaid Application

Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA
Medicaid applications and questions

Mail or Fax Application to:

Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406
Phone: 641-684-3900 or 888-338-6067
Phone: 319-892-6700 or 866-534-3112

Website: www.dhs.iowa.gov
Fax: 515-564-4017

Apply online: www.dhsservices.iowa.gov/apspssp/ssp.portal

PDF application: www.dhs.iowa.gov/sites/default/files/470-5170.pdf?082220192125

Senior's Health Insurance Information Program (SHIIP)

A free, confidential service that helps Iowans make informed decisions about Medicare and other health coverage.

MercyOne Centerville Medical Center
One St. Joseph's Drive
Centerville, IA 52544
Phone: 641-437-3411 (Local)

Website: www.shiip.state.ia.us
Phone: 800-351-4664 (State)

HEALTH CARE SERVICES - Chiropractic

Heffron Chiropractic Office-Centerville

116 E. Jackson St.
Centerville, IA 52544
Phone: 641-437-4278

Tubaugh Family Chiropractic Clinic

1114 N. Haynes Ave.
Centerville, IA 52544

Website: www.tubaughfamilychiropractic.com

Phone: 641-437-4433
Dr. Richard Eckles, DC
717 N. 18th St., Suite 6
Centerville, IA 52544
Phone: 641-856-9165

HEALTH CARE SERVICES - Dental

Davis Dental, PC

112 N. 10th St.
Centerville, IA 52544

Phone: 641-856-8643

Dr. Ron Harshman, DDS

501 W. Jackson St.
Centerville, IA 52544

Phone: 641-856-5352

Hindley Dental, DDS

203 W. Washington St.
Centerville, IA 52544

Phone: 641-856-4103

River Hills Community Health Center

1015 N. 18th St.
Centerville, IA 52544

Website: www.riverhillshealth.org

Phone: 641-856-4400

I-Smile™ (*Dental services for 0-21 or pregnant women*)

Appanoose County Public Health

209 E. Jackson St.
Centerville, IA 52544

Phone: 641-437-4332

Marion County Public Health (*Marion County PH manages this program for Appanoose County*)

2003 N. Lincoln
Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

HEALTH CARE SERVICES – Home Health Services

Appanoose Community Care Services

Home health aides, homemakers, and lifelines/mobile Life Assist units.

19890 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-3474

Website: www.appanoosecareservices.com/home-care

Caregivers Home Health

Skilled care nursing services, home health aides, homemakers, & OT/PT services

19999 St. Joseph's Dr.
Centerville, IA 52544

Phone: 641-437-1117

EveryStep Home Care

Skilled care nursing services, home health aides, homemakers, & OT/PT services

101 E. Van Buren St.

Centerville, IA 52544

Website: www.everystep.org

Phone: 641-856-5502 / 515-558-9591 / 855-867-4692

MercyOne Home Care

Skilled care nursing services, home health aides, & OT/PT services

500 SW 7th St., Suite 104

Des Moines, IA 50309

Website: www.mercyone.org/desmoines/health-and-wellness/home-care

Phone: 515-643-8383

Happy Home Respite Services, LLC.

Behavioral Health Agency serving Southern Iowa. Provides Home & Community Based Habilitation, Children's Mental Health Respite, and Intellectual Disability Respite services. Must have Medicaid insurance.

1219 Drake Avenue

Centerville, IA 52544

Phone: 641-436-7807 or 641-895-4697 Fax: 641-216-8216

Southern Iowa Independent Living

Provides Supported Community Living services for people who qualify for the HCBS ID or BI Waivers in a residential setting up to 24-hour assistance.

1024 N. 18th St., PO Box 1066

Centerville, IA 52544

Email: beworth.siil@gmail.com

Phone: 641-895-6894 or 641-895-6893

Interim Healthcare

Skilled care nursing services, home health aides, homemakers, & OT/PT services

209 N Clinton St.

Albia, IA 52531

Website: www.interimhealthcare.com

Phone: 641-932-2513

Iowa Home Care

Skilled care nursing services, home health aides, medication setup, and PT/OT/ST services.

13133 Angle Rd.

Ottumwa, IA 52501

Website: www.iowahomecare.com

Phone: 641-226-5050 or 855-229-2462 Fax: 641-226-5699

HEALTH CARE SERVICES - Home Medical Supplies

NuCara Home Medical (Formerly Hammer Medical)

Chariton Location

914 Court Ave.

Chariton, IA 50044

Phone: 641-774-4600 / F:641-774-5600

Ottumwa Location

613 East Pennsylvania Ave.

Ottumwa, IA 52501

Phone: 641-684-6800 / F:641-684-6682

Website: www.nucara.com

Hometown Medical & Equipment

1903 Main St.
Unionville, MO 63565

Phone: 660-947-4348

Appanoose Community Care Services

Lifelines and mobile Life Assist personal emergency response devices.

19890 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-3474

Website: www.appanoosecareservices.com/lifeline

New Hope Loan Closet

1003 N. 18th St.
Centerville, IA 52544
Phone: 641-856-3326

Website: www.newhopeministrycc.org

Cedar Valley Mobility

8832 Swanson Blvd., Suite L
Clive, IA 50325
Phone: 515-440-6641

Website: www.mobilitystore.com

NuCara Pharmacy

107 W. Main St.
Ottumwa, IA 52501
Phone: 641-684-5453

Website: www.nucara.com

American Home Patient

2604 N. Court, Suite B
Ottumwa, IA 52501
Phone: 641-684-8555

Website: www.ahom.com

Toll Free: 800-926-8555

Life Alert

Phone: 800-360-0329

Website: www.lifealert.com

HEALTH CARE SERVICES - Hospice

EveryStep Hospice

Promoting dignity, independence, and quality of life for all through education, compassion, and effective community-based care

101 E. Van Buren St.
Centerville, IA 52544
Phone: 641-856-5502

Website: www.everystep.org

Care Initiatives Hospice

Offers end of life counseling and support for patients, patient families and those losing a loved one

4 S. Main St.
Albia, IA 52531

Website: www.careinitiatives.org

Phone: 877-577-8222

Fax: 641-932-3488

Circle of Life Hospice & Legacy Lodge

Dedicated to meeting the physical, emotional, and spiritual needs of patients and their families. Provides care in the home, facility, or in Circle of Life's Legacy Lodge, located in Chariton.

220 Northwestern Ave.

Chariton, IA 50049

Phone: 641-774-3490

Website: www.colhospice.org

Fax: 641-774-2939

HEALTH CARE SERVICES – Medical (Hospital & Clinics)

MercyOne Centerville Medical Center (Hospital)

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-4111

Website: www.mercyone.org/centerville

Emergency: 911

Chariton Valley Medical Center

707 S. Main St.

Centerville, IA 52544

Phone: 641-437-4344

MercyOne Centerville Medical Clinic

Family practice, surgical, pulmonary specialist, & Quick Care/Walk-In Clinic, offering extended & weekend hours

19942 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-856-8684

Website: www.mercyone.org/centerville

Fax: 641-856-3009

Pediatric Clinic

707 S. Main St.

Centerville, IA 52544

Phone: 641-856-6780

River Hills Community Health Center

Provides family practice, dental, and behavioral health services.

1015 N. 18th St.

Centerville, IA 52544

Phone: 641-856-4400

Website: www.riverhills.org

Southern Iowa Surgical Associates

707 S. Main St.

Centerville, IA 52544

Phone: 641-856-8100

WIC - Women's Health and Family Planning Clinic

River Hills Community Health Center

1015 N. 18th St.

Centerville, IA 2544

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Website: www.riverhillshealth.org

Phone: 641-682-8784

Care for Yourself – Breast & Cervical Cancer Early Detection Program (BCCEDP)

Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit to women ages 40 to 64 who are uninsured or under-insured

Appanoose County Public Health

209 E. Jackson St.
Centerville, IA 52544

Website: <https://idph.iowa.gov/cfy/public>
Phone: 641-437-4332

Fresenius Medical Care Cline Family Dialysis

1040 N. 18th St.
Centerville, IA 52544
Phone: 641-437-1302

Website: www.freseniuskidneycare.com
Toll Free: 800-881-5101

MercyOne Centerville Medical Clinic – Weight Management

Provides tools, resources, and support to promote health through individualized and patient-centered weight management. Self-referrals accepted.

19942 St. Joseph's Dr.
Centerville, IA 2544
Phone: 641-856-8684

Website: www.mercyone.org/centerville

Ezra Free Clinic

Provides free medical care (first come first serve). No proof of insurance needed. 6pm-8:30pm every Tuesday.

610 East Main St.
Ottumwa, IA 52501
Phone: 641-680-4510

Infant Care - Text4Baby

New and expectant moms receive 3 text messages each week that provide education on topics such as birth defects prevention, immunizations, nutrition and mental health. An app is also available.

Email: info@text4baby.org

Website: www.text4baby.org

HEALTH CARE SERVICES - Mental Health

Centerville Community Betterment, Inc.

Provides crisis stabilization services for mentally ill individuals, counseling for children & adults, residential services, adult day care, HCBS waiver services, supported employment, habilitation services, and 24 hour/hourly services.

1111 N. Haynes Ave.
Centerville, IA 52544
Phone: 641-437-1051

Website: www.centervillecommunitybetterment.com

Community Health Centers of Southern Iowa

Behavioral health intervention services, substance abuse, marriage/individual/group counseling, diagnosing, assessments/evaluations, and medication management

221 E. State St.
Centerville, IA 52544
Phone: 641-856-6471
Substance Abuse Hotline: 641-895-9409

Website: www.chcsi.org
Fax: 641-856-2603
Behavioral Health Hotline: 800-708-5129

First Resources Corporation

Services for people with disabilities, families, mental health, supported community living, and substance abuse treatment and recovery services.

310 W. Washington St., Suite 2
Centerville, IA 52544
Phone: 641-856-5382

Website: www.firstresources.us
Fax: 641-856-2372

New Directions Counseling

112 N. 12th St.
Centerville, IA 52544
Phone: 641-856-3840

New Hope Counseling Center

1003 N. 18th St.
Centerville, IA 52544
Phone: 641-856-3326

Website: www.newhopeministrycc.org

Optimae Life Services & Recovery and Resource Center

Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (M-F for anyone with a MH condition), and free lunch Monday-Friday.

209 E. Maple St., Unit 9
Centerville, IA 52544
Phone: 641-216-8227

Website: www.optimaelifeservices.com

Paula S. Gordy, LISW- LLC

501 N. 12th St., Suite 1
Centerville, IA 52544
Phone: 641-856-2688

River Hills Community Health Center

Therapy, medication management, assessments/evaluations, diagnosing, and substance abuse therapy.

1015 N. 18th St.
Centerville, IA 52544
Phone: 641-856-4400

Website: www.riverhillshealth.org

Sieda Community Action

Behavioral health services, substance abuse, gambling treatment/counseling, medication assisted treatment.

Ottumwa Office

310 W. Main St.
Ottumwa, IA 52501
Phone: 641-683-6747 or 800-622-8340

Centerville Office

111 N. Main St.
Centerville, IA 52544
Phone: 641-856-3112
Website: www.sieda.org

Senior Life Solutions

A program dedicated to addressing the emotional and behavioral health of adults over the age of 65. The program is designed to assist individuals suffering from symptoms of depression and anxiety, often related to aging, including: loneliness, hopelessness, crying, restlessness, sadness, coping with loss, decreased energy, difficulty sleeping, low self-confidence, or life transitions. Anyone can refer an individual to the program.

MercyOne Centerville Medical Center

19898 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-3475

Website: www.mercyone.org/centerville

Senior Behavioral Care Center**Ottumwa Regional Health Center**

Psychiatric inpatient treatment, assessments and interventions for people ages 55+.

1001 Pennsylvania Ave.
Ottumwa, IA 52501
Phone: 641-684-3400

Website: www.ottumwaregionalhealth.com

Southern Iowa Mental Health Center

Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services,

1527 Albia Road
Ottumwa, IA 52501
Phone: 641-682-8772

Website: www.simchottumwa.org
Mobile Crisis Team: 844-430-8520

Foundation 2 Crisis Services

24-hour Crisis Hotline: 844-430-8520
Peer Support Line: 844-775-9276

Website: www.foundation2.org

Tenco

Serves individuals with MI/BI/ID and with waivers, residential services up to 24 hours per day, day programming, and supported employment.

102 W. Washington St.
Centerville, IA 52544
Phone: 641-437-1722

Website: www.tenco.org
Fax: 641-437-1028

Children and Families of Iowa

Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.

Des Moines Office

1111 University Ave.
Des Moines, IA 50314
Phone: 515-288-1981
Website: www.cfiowa.org

Ottumwa Office

111 East Main St.
Ottumwa, IA 50201
Phone: 641-954-1233
Crisis Hotline: 515-243-6147

House of Mercy

Services provided: transportation, childcare, Behavioral Health Intervention Services (BHIS), Outpatient mental health counseling, addiction counseling services, education and employment assistance, skill development training in communication, parenting, anger management, and nutrition.

Des Moines Location

Offers residential and outpatient treatment (regular & intensive) for substance abuse and mental health. Residential is only available for women and their children.

1409 Clark St., Des Moines, IA 50314

Phone: 515-643-6500 or 800-796-5730 Fax: 515-643-6598

Indianola Location

Offers outpatient treatment (regular and intensive) for substance abuse and mental health.

310 N. Buxton St., Indianola, IA 50125

Phone: 515-358-7610 Fax: 515-962-1685

Newton Location

Offers outpatient treatment (regular and intensive) for substance abuse and mental health.

200 North 8th Avenue East, Newton, IA 50208

Phone: 641-792-0717 Fax: 641-792-0730

Dave's Place

57 bed intermediate care facility for persons with mental illness that require nursing home level of care.

3140 Plank Road

Keokuk, IA 52632

Phone: 319-524-1800

Website: www.lexingtoncaregroup.com

Fax: 319-524-5719

Des Moines Pastoral Counseling Center

Offers full-range of general and psychotherapy services, fees based upon client's ability to pay

8553 Urbandale Ave.

Urbandale, IA 50322

Phone: 515-274-4006

E-mail: info@dmpcc.org

Website: www.dmpcc.org

Fax: 515-255-5697

Orchard Place Child Guidance Center

State-accredited mental health center for children and families

808 Fifth Ave.

Des Moines, IA 50309

Phone: 515-244-2267

Website: www.orchardplace.org

Fax: 515-244-1922

Veteran's Crisis Line

Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

Phone: 800-273-8255 or Text: 838255

TTY: 800-799-4889

Website: www.veteranscrisisline.net

Rhonda's House

Peer-run Respite Center that provides a safe environment for individuals experiencing a mental health crisis

1131 Hospital Drive

DeWitt, IA 52742

Phone: 563-659-1171

Website: www.lifeconnectionsrecovery.org/services

Fax: 563-659-1178

HEALTH CARE SERVICES - Nursing Homes, Assisted/Independent Living

Centerville Specialty Care

Nursing Home, Skilled Rehabilitation (PT/OT/ST), Respite, wound care, IV Therapy, Pain Management

1208 E. Cross St.

Centerville, IA 52544

Phone: 641-856-8651

Website: www.careinitiatives.org/centerville-specialty-care

Golden Age Care Center

Nursing Home and Skilled Rehab

1915 S. 18th St.

Centerville, IA 52544

Phone: 641-856-2757

Website: www.goldenagecarecenter.com

MercyOne Centerville Long Term Care

Mercy Medical Center operates a 19-bed long term care (nursing home) unit at the hospital. The unit has a waiting list, and potential residents are invited to make application to be placed on the waiting list.

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-3300

Website: www.mercyone.org/centerville

Homestead Assisted Living & Memory Care

19999 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-1999

Website: www.homesteadofcenterville.com

Maple Grove Senior Living

Assisted Living

1917 S. 18th St.

Centerville, IA 52544

Phone: 641-856-6601

Website: www.goldenagecarecenter.com

Iowa Veterans' Home

Mission is to provide a continuum of care to Iowa's veterans and their spouses in an environment focusing on individualized services to enhance their quality of life. Offers Residential Care and Nursing Home Care.

1301 Summit St.

Marshalltown, IA 50158

Phone: 641-752-1501 or 800-645-4591

Website: www.ivh.iowa.gov

Fax: 641-753-4278

HEALTH CARE SERVICES - Rehabilitation

(Physical, Occupational, or Speech Therapy)

MercyOne Centerville Medical Center Physical Therapy

Focuses on increasing independence and improving wellness and overall fitness following injury, surgery, disease or the onset of pain. We provide Physical Therapy, Occupational Therapy and Speech Therapy.

One St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-4111

Website: www.mercyone.org/centerville

Kinetic Edge Physical Therapy

Provides PT/OT, worker performance, athletic training, pediatric therapy, and medical fitness services.

1011 N. 18th St.
Centerville, IA 52544
Phone: 641-856-2515

Website: www.kineticedgept.com
Fax: 641-856-2516

Centerville Specialty Care

Services provided: Physical Therapy, Speech Therapy, Occupational Therapy, and Outpatient Therapy

1208 E Cross St.
Centerville, IA 52544
Phone: 641-856-8651

Website: www.careinitiatives.org/centerville-specialty-care

Iowa Home Care

Skilled care nursing services, home health aides, medication setup, and PT/OT/ST services.

13133 Angle Rd.
Ottumwa, IA 52501
Phone: 641-226-5050 or 855-229-2462

Website: www.iowahomecare.com
Fax: 641-226-5699

DbI Eagle Therapy Services, LLC

Provides physical therapy, occupational therapy, and speech therapy.

1826 Yale Avenue
What Cheer, IA 50268
Phone: 641-660-8578

Fax: 641-634-2747

HEALTH CARE SERVICES – Substance Abuse

Community Health Centers of Southern Iowa

Behavioral health intervention services, substance abuse, marriage counseling, individual counseling, group counseling, diagnosing, assessments/evaluations, and medication management

221 E. State St.
Centerville, IA 52544
Phone: 641-856-6471

Website: www.chcsi.org
Fax: 641-856-2603

Behavioral Health Hotline: 800-708-5129
Substance Abuse Hotline: 641-895-9409

River Hills Community Health Center

Offers therapy, medication management, assessments/evaluations, diagnosing, and substance abuse therapy
1015 N. 18th St.
Centerville, IA 52544
Phone: 641-856-4400

Website: www.riverhillshealth.org

Sieda Community Action

Gambling treatment/counseling services, tobacco cessation, substance abuse prevention with outpatient counseling services, behavioral health intervention services, and medication assisted treatment

Centerville Office

111 N. Main St.
Centerville, IA 52544
Phone: 641-856-3112
Website: www.sieda.org

Ottumwa Office

310 W. Main St.
Ottumwa, IA 52501
Phone: 641-683-6747 or 800-622-8340
Quitline Iowa Phone: 800-QUIT-NOW
Website: www.quitlineiowa.org

First Resources Corporation

Services for people with disabilities, families, mental health services, supported community living, & substance abuse treatment & recovery services.

310 W. Washington St., Suite 2
Centerville, IA 52544
Phone: 641-856-5382

Website: www.firstresources.us
Fax: 641-856-2372

Hope House Treatment and Recovery Center

Residential drug & alcohol addiction treatment for pregnant women & individuals with children. This program is unique in that children attend treatment with their parent, so the family can recover together. The length of treatment depends on the individual & level of care needed to begin healing & recovery.

433 North Weller
Ottumwa, IA 52501
Phone: 641-954-9924
Fax: 641-954-9926
Website: <http://www.firstresources.us/services/treatment-and-recovery/>

Oak Meadow Treatment and Recovery Center

Inpatient drug & alcohol addiction treatment. This is a short-term, 30-45 day service. Professionally trained staff provide the 24-hour care & support needed to rebuild one's life. Clients will participate in individual & group sessions, gender specific groups, trauma workshops, educational lectures, relapse-prevention skill development, & will acquire daily living skills.

2942 Oak Meadow Drive
Ottumwa, IA 52501
Phone: 641-954-8925
Fax: 641-954-8927
Website: <http://www.firstresources.us/services/treatment-and-recovery/>

Children and Families of Iowa

Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.

Crisis Hotline: 515-243-6147

Des Moines Office
1111 University Ave.
Des Moines, IA 50314
Phone: 515-288-1981

Website: www.cfiowa.org

Ottumwa Office
111 East Main St.
Ottumwa, IA 50201
Phone: 641-954-1233

Southern Iowa Mental Health Center

Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services.

1527 Albia Road

Website: www.simhcottumwa.org

Ottumwa, IA 52501

Phone: 641-682-8772 (answered 24/7) Mobile Crisis Team: 844-430-8520

House of Mercy

Services provided: transportation, childcare, Behavioral Health Intervention Services (BHIS), Outpatient mental health counseling, addiction counseling services, education and employment assistance, skill development training in communication, parenting, anger management, and nutrition.

Des Moines Location

Offers residential and outpatient treatment (regular & intensive) for substance abuse and mental health. Residential is only available for women and their children.

1409 Clark St.

Des Moines, IA 50314

Toll Free: 800-796-5730

Phone: 515-643-6500

Fax: 515-643-6598

Indianola Location

Offers outpatient treatment (regular and intensive) for substance abuse and mental health.

310 N. Buxton St.

Indianola, IA 50125

Phone: 515-358-7610

Fax: 515-962-1685

Newton Location

Offers outpatient treatment (regular and intensive) for substance abuse and mental health.

200 North 8th Avenue East

Newton, IA 50208

Phone: 641-792-0717

Fax: 641-792-0730

Manning Family Recovery Center

Residential & Outpatient substance abuse treatment facility.

1550 6th Street

Manning, IA 51455

Website: www.mrhcia.com

Phone: 712-655-2300

HEALTH CARE SERVICES - Veterans

Central Iowa VA Health Care System - Des Moines

3600 30th St.

Website: www.centraliowa.va.gov

Des Moines, IA 50310

Phone: 515-699-5999 or 800-294-8387

VA Clinic - Knoxville

Open Monday-Friday 7:30am-4:00pm. Offers Primary Care, Mental Health, Specialty Services (Podiatry, Optometry, Audiology, Laboratory), Telehealth, and Prescriptions.

1607 N. Lincoln St.

Website: www.centraliowa.va.gov/locations/CBOC_Knoxville_IA.asp

Knoxville, IA 50138

Phone: 641-828-5019

Iowa City VA Health Care System

601 Highway 6 West
Iowa City, IA 52246

Website: www.iowacity.va.gov
Phone: 319-338-0581 or 800-637-0128

VA Clinic - Ottumwa

Open Monday-Friday 8:00am-4:30pm. Offers Primary Care, Mental Health, Substance Abuse Counseling & education, Podiatry, Laboratory, Telehealth (including Audiology and retinal screenings), Physical Therapy, Social Worker (including assistance with Advance Directives), and Dietician services.

1009 East Pennsylvania Ave.

Ottumwa, IA 52501

Website: www.iowacity.va.gov/locations/CBOC_Ottumwa_IA.asp

Phone: 641-683-4300

HEALTH CARE SERVICES - Vision

International Eyecare Center (IEC)

125 N. 13th St.
Centerville, IA 52544

Website: www.iec2020.com

Phone: 641-437-4099

Walmart Vision Center - Ottumwa

Open seven days per week.

1940 Venture Dr.

Ottumwa, IA 52501

Phone: 641-683-6111

Wolfe Eye Clinic - Albia

Offers Comprehensive eye exams, contact lens fitting, diabetic eye care, dry eye therapy, eye glass dispensing, Keratoconus, pre- and post-surgical care, treatment of eye infections, and eye injuries.

101 Benton Ave. E

Albia, IA 52531

Website: www.wolfeeyeclinic.com

Phone: 641-932-7154

Wolfe Eye Clinic - Ottumwa

Comprehensive eye exams, contact lens fitting, LASIK, Cataract evaluation & treatment, Glaucoma evaluation & treatment retina disease & surgery services, diabetic eye care, dry eye therapy, and eye glass dispensing.

1005 Pennsylvania Ave., Suite 110

Ottumwa, IA 52501

Website: www.wolfeeyeclinic.com

Phone: 641-682-8571 or 800-542-7956

HOTLINES & INFORMATION

Daily Iowegian

The Daily Iowegian and Wednesday Ad-Express is a four-day, Tuesday-Friday, daily newspaper published in Centerville, Iowa and covering Appanoose and Wayne counties in Iowa and Putnam County, Missouri.

201 N. 13th St.

Centerville, IA 52544

Phone: 641-856-6336

Website: www.dailyiowegian.com

Fax: 641-856-8118

Drake Public Library

Offers youth reading programs, preschool story time, two computer labs, test proctoring, genealogy research, meeting rooms, youth library, a 'book nook,' and online research.

115 Drake Ave.

Centerville, IA 52544

Phone: 641-856-6676

Website: www.drakepubliclibrary.org

Fax: 641-856-6135

2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three-digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Simply dial 2-1-1 on your phone. Texting hours are Monday-Friday 8am-4:30pm.

Phone: 2-1-1

Text your Zip Code to 898211

Website: www.211iowa.org

AIDS Information Hotline

The AIDS hotline answers questions and provides information about resources related to HIV/AIDS treatment.

Phone: 800-448-0440

Website: www.aids.gov

Americans with Disabilities (ADA) Hotline

ADA specialists provide information regarding the Americans with Disabilities Act, answer specific questions, offer free ADA materials, and assist with filing complaints.

Phone: 800-514-0301

Website: www.ada.gov

Al-Anon Hotline

Al-Anon helps family and friends of alcoholics cope with the effects of living with a problem drinker. Alateen is the recovery program for young people.

Phone: 888-425-2666

Website: www.al-anon.alateen.org

Central Iowa Crisis Line

Central Iowa Community Services provides a Crisis Phone Line for residents living in a 10-county area, including Appanoose County. Call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce, a serious illness, or a series of smaller problems that have compounded & become overwhelming. Trained, compassionate counselors are available 24 hours a day. All contacts are confidential.

Toll-Free Crisis Line: 844-258-8858

Text Support: 800-332-4224 (M-F, 9am-3pm)

Online Chat Counseling: www.Foundation2CrisisChat.org (M-F, 9am-3pm)

Foundation 2 Crisis Services

24-hour Crisis Hotline: 844-430-8520

Peer Support Line: 844-775-9276

Website: www.foundation2.org

Gay and Lesbian National Hotline

Offers confidential telephone and email peer-counseling to callers of all ages regarding coming-out issues, relationship concerns, HIV/AIDS, and safer-sex information.

Phone: 888-THE-GLNH (843-4564)

Website: www.glbthotline.org

Infant Care - Text4Baby

New and expectant moms receive 3 text messages each week that provide education on topics such as birth defects prevention, immunizations, nutrition and mental health. App is also available.

Email: info@text4baby.org

Website: www.text4baby.org

Iowa Brain Injury Information Center (Brain Injury Alliance of Iowa)

1556 S. First Ave., Suite A
Iowa City, IA 52240

Website: www.biaia.org

Phone: 855-444-6443

Iowa Compass Hotline

Provides information and referrals about disability related services and programs.

Phone: 800-779-2001

Website: www.iowacompass.org

Iowa Gambling Treatment Program

Offers the following services: assessment and evaluation, individual /group counseling, transitional housing, distance treatment, financial aid & counseling, confidentiality, and emergency assistance.

Phone: 800-BETS-OFF (238-7633)

Website: www.1800betsoff.org

Iowa Healthy Family Hotline

Provides health information and referrals for pregnancy, immunizations, and other family related issues.

Phone: 800-369-2229

Iowa Insurance Division

Monitor and regulate insurance companies and agents that do business in Iowa. Also have advice for prearranged funeral plans and perpetual care cemeteries.

Phone: 877-955-1212 or 515-281-6348

Website: www.iid.iowa.gov

Iowa Poison Control Center

Phone: 712-279-3710

Website: www.iowapoisson.org

Emergency: 800-222-1222

Iowa Senior Medicare Patrol

Can help offer healthcare fraud concerns and resources for other issues.

Phone: 800-423-2449

Website: www.milestonesaaa.org

Lawyer Referral Services Hotline

Call this number to be referred to a local lawyer.

Phone: 800-532-1108

Website: www.iowafindalawyer.com

Life Long Links

Aging and disability resources to maintain independence.

Phone: 866-468-7887

Website: www.lifelonglinks.org

Legal Hotline for Older Iowans (60+)

Phone: 800-992-8161

Website: www.iowalegalaid.org

Medline Plus

Produced by the National Library of Medicine and offers information about diseases, conditions, and wellness issues.

Website: www.medlineplus.gov

National Alliance on Mental Illness Helpline

Offers general info about mental illness, referrals to local affiliates & support groups, and volunteer support.

Phone: 800-950-6264

Website: www.nami.org

National Council on Alcoholism and Drug Dependence Hope Line

Offers referrals to local affiliate offices, as well as provides information about alcoholism and drug dependence.

Phone: 800-622-2255

Website: www.ncadd.org

Mental Health America

Information and literature regarding mental illness is provided to professionals and the general public.

Phone: 800-969-6642

Website: www.mentalhealthamerica.net

National Life Center

Compassionate guidance and counseling to any woman or girl facing pregnancy. Services offered include assistance finding medical, legal, or psychological help shelter, education, and adoption guidance as desired.

Phone: 800-848-5683

Website: www.nationallifecenter.com

National Runaway Switchboard

24-hour crisis line serving teenagers thinking of running away or who have run away and want to return home. Also provides information to adults about how to help someone who may be at risk of running, and to teachers to pass along to students about youth homelessness and life on the streets.

Phone: 800-RUNAWAY (786-2929)

Website: www.1800runaway.org

National Suicide Prevention Lifeline

Available to anyone in suicidal crisis or emotional distress providing crisis counseling or mental health referrals.

Phone: 800-273-TALK (8255)

Website: www.suicidepreventionlifeline.org

Quitline Iowa

Quitline Iowa is a free program that provides helpful tools, information and support while you quit smoking. Offers Phone Coaches, eCoach Support, My Quit Journey workbook, and assistance choosing quitting aids.

Phone: 800-QUIT-NOW (784-8669)

Website: www.quitlineiowa.org

Radon Hotline

Offers general information about radon and mitigation.

Phone: 800-383-5992

Website: www.lung.org/radon

Rape, Abuse & Incest National Hotline (RAINN)

RAINN anonymously and automatically connects sexual assault victims with the nearest rape crisis center and a counselor who is able respond to the call.

Phone: 800-656-HOPE (4673)

Website: www.rainn.org

Southern Iowa Mental Health Center

Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services.

1527 Albia Road, Ottumwa, IA 52501

Website: www.simhcottumwa.org

Phone (24/7): 641-682-8772

Mobile Crisis Team: 844-430-8520

Substance Abuse & Mental Health Service Administration (SAMHSA) National Helpline

Treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Phone: 800-662-4357

Website: www.samhsa.gov

Veteran's Crisis Line

Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

Phone: 800-273-8255 or Text: 838255

Website: www.veteranscrisisline.net

TTY: 800-799-4889

HOUSING – Subsidized & Low-Income

Centerville Municipal Housing Agency (And Oak Lawn Apartments)

The Centerville Municipal Housing Agency administers both a public housing and Section 8 housing voucher program. The housing authority owns and manages one project which contains 100 affordable rental units (Oak Lawn Apartments). It also administers 98 Section 8 housing vouchers.

317 E. Oak St.

Centerville, IA 52544

Phone: 641-856-8742

Centerville Housing, Inc.

Golden Linx Apartments

1915 S. 19th St.

Centerville, IA 52544

Phone: 641-856-8560

Orchard Place Apartments

500 E. Orchard St.

Centerville, IA 52544

Phone: 641-856-8560

Pleasantview Place Apartments

1315 E. Cross St.

Centerville, IA 52544

Phone: 641-856-8560

Centerville Senior Lofts

Market-rate apartments with a few income-based units for elderly or disabled.

421 N. Main St.

Centerville, IA 52544

Phone: 641-216-8376

Diamond View Apartments

Not low-income, but will accept Section 8 housing vouchers.

735 N. Park Ave.

Centerville, IA 52544

Phone: 641-856-5416 or 641-895-8416

The Landing Apartments

1110 E. Cross St.

Centerville, IA 52544

Phone: 641-856-4038

Shamrock Heights

Low-income housing for elderly or disabled.

1020 Shamrock Ln.

Centerville, IA 52544

Phone: 641-856-5011

Chariton Valley Regional Housing Trust Fund, Inc.

Provides safe and affordable housing to low and moderate income residents located in Appanoose, Lucas, Monroe, and Wayne Counties.

115 E. Van Buren St.

Centerville, IA 52544

Website: www.charitonvalleyhousing.org

Phone: 641-856-2744

Housing First

Supports and partners with providers to help people with psychiatric disabilities find and keep housing.

209 E. Jackson Street
Centerville, IA 52544

Phone: 641-856-2085

Moravia Community Housing Inc.

300 N. Brandon Ave.
Moravia, IA 52571

Phone: 641-724-3295

Moulton Housing

308 E. 5th St.
Moulton, IA 52572

Phone: 641-642-3438

Mystic Housing Agency

100 School St.
Mystic, IA 52574

Phone: 641-895-3503

Area XV Multi-County Housing Agency

Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Washington & Wayne Co.

417 North College, PO Box 417
Agency, IA 52530

Website: www.areaxvhousing.org

Phone: 641-937-5222

LAW ENFORCEMENT & CRIME PREVENTION**Appanoose County Sheriff's Office (Law Center)**

1125 W. Van Buren St.
Centerville, IA 52544
Phone: 641-437-7100

Website: www.appanoosecosheriff.org

Fax: 641-437-7107

Centerville Police Department (Law Center)

1125 W. Van Buren St.
Centerville, IA 52544
Phone: 641-437-7100

Fax: 641-437-7107

LEGAL SERVICES**Iowa Concern Hotline**

Financial questions, legal issues, and family transitions

Phone: 800-447-1985

Website: www.extension.iastate.edu/iowaconcern

Iowa Legal Aid Southeast Iowa Regional Office

112 E. 3rd St.
Ottumwa, IA 52501

Website: www.iowalegalaid.org

Phone: 800-532-1275

Legal Hotline for Older Iowans (60+)

Phone: 800-992-8161

Website: www.iowalegalaid.org**Drake University Legal Clinic (Outreach)**

Neal and Bea Smith Law Center

2400 University Ave.

Des Moines, IA 50311

Website: www.drake.edu/law/clinics-centers/clinic

Phone: 515-271-3851

Lawyer Referral Service (Iowa Find-A-Lawyer)

625 E. Court Ave.

Des Moines, IA 50309

Website: www.iowafindalawyer.com

Email: ISBA@iowabar.org

Youth Law Center

Anyone living in Iowa who is under 18 years old can call and receive free legal advice and information regarding issues affecting youth rights and responsibilities. Professionals who work with youth can also call for advice.

Available Monday-Friday 8am-4:30pm.

300 Walnut St.

Suite 295

Des Moines, IA 50309

Website: www.ylc.org

Phone: 515-244-1172 or 800-728-1172

PASTORAL/MINISTERIAL ASSOCIATIONS**Common Ground Interfaith Alliance of Appanoose County**

Phone: 641-856-3937

Website: www.firstlutherancenterville.org**Living Waters Ministerial Association**

Phone: 641-856-7623

PHARMACY**Hy-Vee Pharmacy**

609 N. 18th St.

Centerville, IA 52544

Phone: 641-856-3832

Website: www.hy-vee.com/health/pharmacy**Owl Pharmacy**

213 N. 13th St.

Centerville, IA 52544

Phone: 641-437-7200 and 641-437-4864

Website: www.mygnp.com**Walmart Pharmacy**

23148 Hwy 5

Centerville, IA 52544

Phone: 641-437-7185

Website: www.walmart.com

PUBLIC HEALTH PROGRAMS

Appanoose County Public Health

Disease prevention, skilled nursing, health education promotion, school/licensed daycare immunization audits, VFC-Vaccines for Children, Baby Steps program, flu clinics, lead screening, blood pressure checks & immunizations—check for clinic or appointment times

209 E. Jackson St.
Centerville, IA 52544
Phone: 641-437-4332

Website: www.appanooseph.wix.com/appanooseph

Care for Yourself Program

Breast & Cervical Cancer Early Detection Program (BCCEDP)

Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit to women ages 40 to 64 who are uninsured or under-insured, or women who have breast cancer symptoms

209 E. Jackson St.
Centerville, IA 52544
Phone: 641-437-4332

Website: www.appanooseph.wix.com/appanooseph

1st Five Program

For Appanoose, Clarke, Decatur, Lucas, Jasper, Marion, Monroe, Poweshiek, Ringgold, & Wayne Counties. 1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to 5 and coordinates referrals, interventions and follow-up.

Appanoose County Public Health

209 E. Jackson St.
Centerville, IA 52544
Phone: 641-437-4332

Marion County Public Health

2003 N. Lincoln, PO Box 152
Knoxville, IA 50138
Phone: 641-828-2238
Website: www.marionph.org

Referral Linking Facilitation “No Wrong Door”

Linking people to the appropriate services. Provides care coordination linkage and referral for health, dental, and social needs, inclusive of community resources. Call ahead to assure best service.

Marion County Public Health

2003 N. Lincoln, PO Box 152
Knoxville, IA 50138
Phone: 641-828-2238

Website: www.marionph.org
Fax: 641-842-3442

RECREATION & ENTERTAINMENT

Adams Bowl at D-Ray Lanes

Bowling leagues, tournaments, and weekend open-bowling. Available for private parties, reunions, and school events. Features a game room, restaurant, and bar. Open for breakfast and lunch.

1115 Haynes Ave.

Centerville, IA 52544

Phone: 641-856-2604

Appanoose Country Club

Nine-hole golf course, restaurant, and lounge.

1998 Country Club Dr.

Centerville, IA 52544

Phone: 641-856-2222

Centerville Municipal Band

Performs six weekly concerts every summer on the Centerville Courthouse lawn.

509 S. Main St.

Centerville, IA 52544

Website: www.centervillemusic.org

Cinema 4 Theaters

1013 N. 18th St.

Centerville, IA 52544

Phone: 641-856-3601

Website: <https://www.fridleytheatres.com/location/7453/Cinema-4-Showtimes>

Game On

Lazer Tag, Mini Golf, Arcade, and party room.

605 E. Green St.

Centerville, IA 52544

Phone: 515-577-8512 and 641-856-8505

Website: <http://www.gameonllc.net/>

Honey Creek Resort

Resort with 105 guest rooms, conference center, restaurant & lounge, water recreation, 18-hole golf course, multi-use trails, boat docks, campgrounds, 28 cottages, activity center, indoor waterpark, outdoor pavilion, bicycle rentals, and watersport rentals.

12633 Resort Dr.

Moravia, IA 52571

Phone: 866-797-5308

Website: www.honeycreekresort.com

Honey Creek State Park

Offers recreational services and natural education in an outdoor setting at minimal or no cost. Also available: picnic shelters, boating access, interpretive programs, camping, cabins, snowmobile trails, cross country skiing trails, and hiking through woods and prairies. Located on the north side of Rathbun Lake.

12194 Honey Creek Place

Moravia, IA 52571

Phone: 641-724-3739

Website: www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610104

Lelah Bradley Park & Centerville Reservoir

Features 10 miles of trails, two lakes, and over 165 acres of recreation area. Fishing, boating, walking & hiking trails, hunting, camping, shelter houses, and picnicking.

Boating permits are located at the Law Center (1125 W. Van Buren St., Centerville, IA 52544).

Phone: 641-856-8528

Website: www.appanoosecountyconservation.org

Morgan Cline City Park & Swimming Pool

Includes seven shelter houses, playground equipment, restroom facilities, Frisbee golf, and tennis courts.

West Lane St.

Centerville, IA 52544

Phone: 641-437-4339 (City Hall)

Morgan Cline Sports Complex

40-acre complex featuring soccer, baseball, and softball fields.

Located at the south end of Centerville at the corner of Drake Ave. & Green St.

Rathbun Area YMCA

Features an indoor pool, exercise equipment, fitness classes, youth sports programs

708 S. Main St.

Centerville, IA 52544

Phone: 641-437-1977

Website: www.rathbunlakeareaymca.org

Rathbun Fish Hatchery

Aquarium filled with native Iowa fish. View the operation from an elevated walk-way throughout the facility.

Located on the south side of Rathbun Lake.

15053 Hatchery Place

Moravia, IA 52571

Website: <https://www.iowadnr.gov/About-DNR/DNR-Staff-Offices/Fish-Hatcheries>

Phone: 641-647-2406

Rathbun Lake (U.S. Army Corps of Engineers)

Offering outdoor swimming, camping, boating, fishing, hunting, hiking trails, eight parks, and two marinas.

Visitor's Center, nature programs, bicycle, water activities.

20112 Hwy J5T

Centerville, IA 52544

Phone: 641-647-2464

Websites:

<https://www.iowadnr.gov/idnr/Fishing/Where-to-Fish/Lakes-Ponds-Reservoirs/LakeDetails?lakeCode=RAT04>

<https://www.traveliowa.com/destination/rathbun-lake-information-center/7012>

<https://www.nwk.usace.army.mil/Locations/District-Lakes/Rathbun-Lake>

Sharon Bluffs State Park

144 acres of hiking trails, campgrounds, playgrounds, shelter houses, summer camps, educational programs, and a premier nature center, including elk and other wildlife.

25100 520th St.

Centerville, IA 52544

Phone: 641-856-8528

Website: www.appanoosecountyconservation.org

SENIOR SERVICES

Eighteen to Eighty (18-80) Club

922 W. State Street
Centerville, IA 52544
Phone: 641-856-8627

Milestones Area Agency on Aging

Provides the following services: Information Referral & Assistance, Care Coordination, Senior Nutrition, Family Caregiver Program, Options Counseling, Senior Medicare Patrol Program, Wellness & Safety, Senior Health Insurance Information Program (SHIIP), Elder Rights & Abuse Prevention & Older Worker Employment Program
623 Pennsylvania Ave.
Ottumwa, IA 52501
Phone: 641-682-2270 or 855-410-6222

Website: www.milestonesaaa.org

Centerville Senior Center

(Milestones - Congregate Meal Site & Home Delivered Meals)

922 W. State St.
Centerville, IA 52544

Phone: 641-856-8627

Mom's Meals

3210 SE Corporate Woods Dr.
Ankeny, Iowa 50021

Website: www.momsmeals.com

Phone: 877-508-6667

Sister's Home Style Entrees

1303 22nd St. North
Humboldt, IA 50548

Website: www.sistersentrees.com

Phone: 515-332-1928

Senior Life Solutions

A program dedicated to addressing the emotional and behavioral health of adults over the age of 65. The program is designed to assist individuals suffering from symptoms of depression and anxiety, often related to aging, including: loneliness, hopelessness, crying, restlessness, sadness, coping with loss, decreased energy, difficulty sleeping, low self-confidence, or life transitions. Anyone can refer an individual to the program, including physicians, family members, self-referrals, or other healthcare professionals.

MercyOne Centerville Medical Center

19898 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-3475

Website: www.mercyone.org/centerville

Lifeline (Appanoose Community Care Services)

Medical alert service

19890 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-437-3474

Website: www.appanoosecareservices.com

Senior Behavioral Care Center – Ottumwa Regional Health Center

Psychiatric inpatient treatment, assessments and interventions for people ages 55+.

1001 Pennsylvania Ave.

Ottumwa, IA 52501

Phone: 641-684-3400

Website: www.ottumwaregionalhealth.com

SafeLink Wireless

Cell Phone program provided by TracFone Wireless, Inc. Eligibility requirements must be met, which are based on a person's participation in state, Federal support programs, or by meeting the Income Poverty Guidelines as defined by the U.S. Government. Service is limited to one person per household.

Phone: 800-SAFELINK (723-3546)

Website: www.safelinkwireless.com

Senior's Health Insurance Information Program (SHIIP)

A free, confidential service that helps Iowans make informed decisions about Medicare & other health coverage.

MercyOne Centerville Medical Center

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-3411 (Local)

Website: www.shiip.state.ia.us

Phone: 800-351-4664 (State)

Extra Help (with Medicare Prescription Drug Costs)

Assistance paying for monthly premiums, deductibles, and co-payments related to the Medicare Prescription Drug program. You must be enrolled in a Medicare Prescription Drug plan (Part D) to get this extra help.

**You DO NOT need to complete this application if you have Medicare and Supplemental Security Income (SSI) or Medicare and Medicaid because you automatically will get the extra help.*

Phone: 800-772-1213

TTY: 800-325-0778

Website: www.ssa.gov/benefits/medicare/prescriptionhelp

Apply Online: www.secure.ssa.gov/i1020/start

Iowa Department on Aging

510 E. 12th St., Suite 2

Des Moines, IA 50319

Phone: 515-725-3333

Website: www.iowaaging.gov

Toll Free: 800-532-3213

Life Long Links

Help older Iowans, adults with disabilities, veterans and caregivers learn more about long-term living services and supports available throughout the state.

Phone: 866-468-7887

Website: www.lifelonglinks.org

Social Security Administration

2429 Northgate St., Suite A

Ottumwa, IA 52501

Phone: 866-964-7394

Website: www.ssa.gov

SUPPORT GROUPS

MercyOne Centerville Medical Center Support Groups

One St. Joseph's Dr.
Centerville, IA 52544

Website: www.mercyone.org/centerville
Phone: 641-437-4111

Alzheimer's Support Group - 3rd Friday of each month from 9:00-10:00am
South Café

Breast Feeding Support Group - 1st Tuesday of each month from 6:00-8:00pm
South Café

Cancer Support Group - 2nd Thursday of each month from 4:00-6:00pm
Conference Room A

Diabetes Support Group - 2nd Wednesday of each month from 5:00-6:00pm
Conference Room A

NA Support Group - Every Wednesday and Sunday at 7:30pm
South Café

Parkinson's Support Group - 3rd Thursday of each month from 5:30-7:30pm
Conference Room A

NAMI South Central Iowa

Local mental health organization raising awareness, providing education, and offering support groups.

Chapter Meetings -

St. Mary's Discipleship Center - 828 S. 18th St., Centerville, IA 52544
Phone: 641-216-3114

Website: www.NAMI.org

NAMI Support Group -

For those living with a mental illness.

Centerville Recovery Center - 209 E. Maple St., Suite 7, Centerville, IA 52544
Phone: 641-856-7850

Family Support Group -

For family members of loved ones with a mental illness.

Centerville Recovery Center - 209 E. Maple St., Suite 7, Centerville, IA 52544
Phone: 641-856-7458

Optimae Life Services & Recovery and Resource Center

Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (Monday-Friday for anyone with a Mental Health condition), and free lunch Monday-Friday.

209 E. Maple St., Unit 8
Centerville, IA 52544

Website: www.optimaelifeservices.com
Phone: 641-216-8227

Celebrate Recovery

Celebrate Recovery is a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. Offers large group meetings and small group gender specific meetings.

Meetings held at Solid Rock Church of God - 1220 Rock Valley Rd., Centerville, IA 52544

Phone: 641-216-3982

Website: www.celebraterecovery.com

24/7 Dad®

An evidence-based parenting development & support program through Children & Families of Iowa for all fathers. Consists of twelve 2-hour weekly sessions focusing on men's attitudes toward fathering & helping men evaluate their parenting skills. Learn the characteristics of a 24/7 Dad® & other important behaviors, such as working with mom & proper child discipline to help them be the best dads they can be.

***Contact Bradley Pothoven for information or to set up the next program in your area.**

Phone: 641-455-4359

Email: bradleyp@cfiowa.org

TRANSPORTATION

10-15 Regional Transit Agency

Services available to ANYONE needing transportation in Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello and Wayne Counties. Riders may use the bus for nearly any purpose: grocery shopping, medical and dental visits, congregate meals, going to work, school, or personal matters.

*Call 2 days in advance to schedule. ***Rides are FREE within Appanoose County, Monday-Friday 1-5pm****

612 S. Madison, Ottumwa, IA 52501

Website: www.1015transit.com

Phone: 641-683-2024

Dispatcher: 800-227-6390

Iowa Medicaid MCO Non-Emergent Medical Transportation

Amerigroup - Member Services

Phone: 800-600-4441

Website: www.myamerigroup.com/IA

*For Transportation Assistance, call Logisticare at 844-544-1389

Iowa Total Care - Member Services

Phone: 833-404-1061

Website: www.iowatotalcare.com

*For Transportation Assistance, call Access2Care at 833-404-1061

Appanoose County Veterans Affairs

Volunteers provide transportation for local veterans.

19999 St. Joseph's Drive, Centerville, IA 52544

Phone: 641-856-6597

Website: www.va.iowa.gov/counties/appanoose

Reaching All People Together (RAPT)

Local group who volunteers their time and vehicles to help you get to your medical appointments. Donations are appreciated

Phone: 641-895-0744

State Street Trolley

The Historic Preservation Corporation offers the State Street Trolley for historic area tours and local events. The fully-enclosed, heated and air-conditioned trolley is available to rent for private events year round. Bench seating accommodates 22 to 28 adults. ADA accessible.

Phone: 641-895-0176 or 641-437-4102

Amtrak

210 West Main St., Suite 1, Ottumwa, IA 52501 Website: www.amtrak.com
Phone: 641-682-3876

American Cancer Society – Road to Recovery

Volunteer transportation to and from treatment facilities.

Phone: 800-227-2345 Website: www.cancer.org

UTILITIES**Alliant Energy**

Mail payments to:

PO Box 3060, Cedar Rapids, IA 52406

Customer Service: 800-255-4268

Website: www.alliantenergy.com

Centerville Municipal Water

Can drop off payments at Hy-Vee

312 E. Maple St., Centerville, IA 52544

Phone: 641-856-8495

Website: www.centerville-ia.org

Rathbun Regional Water Association

16166 Hwy J29, Centerville, IA 52544

Phone: 641-647-2416 or 800-233-8849

Website: www.rrwa.net

Culligan Water Conditioning of Centerville

700 E. Wilson St., PO Box 875, Centerville, IA 52544

Phone: 641-856-2324

Website: www.culligan.com/dealer-locator/centerville-ia/14140

Mediacom (Cable, Internet, and Phone)

Can drop off payments at Hy-Vee

Customer Service: 855-633-4226

Website: www.mediacomcable.com

Windstream (DISH Network, Internet, and Phone)

Mail payments to:

P.O. Box 9001908, Louisville, KY 40290

Customer Service: 800-347-1991

Website: www.windstream.com

US Cellular

300 N. 12th St., Centerville, IA 52544

Phone: 641-437-4814

Website: www.uscellular.com

Customer Service: 888-944-9400

Verizon Wireless

205 N. 13th St., Centerville, IA 52544

Phone: 641-437-1308

Website: www.verizonwireless.com

Customer Service: 800-922-0204

VETERAN SERVICES

Appanoose County Veterans Affairs

19999 St. Joseph's Dr.
Centerville, IA 52544
Phone: 641-856-6597

Website: www.va.iowa.gov/counties/appanoose
Email: director@appanoosecounty.org

Iowa Department of Veterans Affairs

7105 NW 70th Ave.
Camp Dodge, Bldg. 3465
Johnston, IA 50131
Phone: 515-252-4698 or 800-838-4692

Website: www.va.iowa.gov
Website: www.va.iowa.gov/benefits

Central Iowa VA Health Care System - Des Moines

3600 30th St.
Des Moines, IA 50310
Phone: 515-699-5999 or 800-294-8387

Website: www.centraliowa.va.gov

VA Clinic - Knoxville

Open Monday-Friday 7:30am-4:00pm. Offers Primary Care, Mental Health, Specialty Services (Podiatry, Optometry, Audiology, Laboratory), Telehealth, and Prescriptions.

1607 N. Lincoln St.
Knoxville, IA 50138
Phone: 641-828-5019

Website: www.centraliowa.va.gov/locations/CBOC_Knoxville_IA.asp

Iowa City VA Health Care System

601 Highway 6 West
Iowa City, IA 52246
Phone: 319-338-0581 or 800-637-0128

Website: www.iowacity.va.gov

VA Clinic - Ottumwa

Open Monday-Friday 8:00am-4:30pm. Offers Primary Care, Mental Health, Substance Abuse Counseling & education, Podiatry, Laboratory, Telehealth (including Audiology and retinal screenings), Physical Therapy, Social Worker (including assistance with Advance Directives), and Dietician services.

1009 East Pennsylvania Ave.
Ottumwa, IA 52501
Phone: 641-683-4300

Website: www.iowacity.va.gov/locations/CBOC_Ottumwa_IA.asp

Home Base Iowa

Provides veterans and transitioning service members and their families with opportunities and benefits for a successful transition in Iowa — a place to call home.

Phone: 515-822-8951

Website: www.homebaseiowa.gov

Iowa Paralyzed Veterans of America

Non-profit organization. Membership is free and consists of vets of the U.S. Armed Forces who have suffered a spinal cord injury or received diagnosis of disease affecting the spinal cord.

7025 Hickman Rd., Suite 1

Urbandale, IA 50322

Phone: 515-277-4782 or 888-909-4782

Website: www.iowapva.org

E-mail: iowapvakim@yahoo.com

Iowa Veterans Home

Long-term care facility. Mission is to provide medical & nursing care to Iowa's veterans, spouses, & gold star parents. Their 560-bed facility can accommodate residential, nursing, and memory care levels of care.

1301 Summit St.

Marshalltown, IA 50158

Phone: 641-752-1501

Website: www.ivh.iowa.gov

Fax: 641-753-4278

Iowa Veterans Trust Fund

Available to veterans, spouses, and their dependents. Qualifications: Income cannot exceed 200% of poverty guidelines; Resources (cash on hand) cannot exceed \$15,000. Services include: travel, unemployment assistance, job training/education assistance, individual & family counseling, dental, audiology, emergency housing/vehicle repairs, emergency room assistance, and durable medical equipment.

For an application, please contact your local VA county office:

Appanoose County Veterans Affairs

19999 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-856-6597

Website: www.va.iowa.gov/iowa-veterans-trust-fund

Website: www.va.iowa.gov/counties/appanoose

Email: director@appanoosecounty.org

Veteran's Crisis Line

Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

Phone: 800-273-8255 or Text: 838255

TTY: 800-799-4889

Website: www.veteranscrisisline.net

Appanoose County Resource Directory 2020

Thank you to the following organizations for making
this year's directory possible:

**1st Five Program through Marion County Public
Health Department**

For funding and coordinating this project

Appanoose County Resource Directory online version:

www.marionph.org



Public Health
Prevent. Promote. Protect.

If your organization or agency provides help to area families and would like to be listed in future editions or for any additions, corrections, or deletions to the current listing, please contact Marion County Public Health Department at 641-828-2238.