



Lakeview ELEMENTARY NEWSLETTER

December 2024

*All students will learn well, become lifelong learners,
and contribute positively to society.*



Dress For The Weather

As the weather begins to cool, please be sure your child is dressed appropriately for playing outside. Students need to bring coats, hats, and gloves so that we can play outside at recess.

Plan for Outdoor Recess

All students are expected to go outdoors for recess when weather permits. It is important that students come to school properly dressed and protected from the cold. Therefore, it is necessary for students to have warm coats, mittens or gloves, and caps or hoods. The clinic has some extra hats and mittens for students to borrow during recess if necessary.

Name on Coats, Hats, Gloves, Etc.

Please write your child's name on their coats, bags, hats, sweatshirts, etc. so we can return them to your child if lost.



Importance of Reading Daily

Reading is the single most important skill your child will use in their lifetime. Also important is selecting appropriate books. Setting a good habit with reading now can bring and maintain an interest in reading for years to come. Make sure you talk to your child, read to or with your child, and teach your child a love for learning. Here are a few ideas for the winter break.

- Take time to read or let them read to you. This can be a time of sharing and relaxing together.
- Play games with your child. This will let them know that they are important to you. Games like Uno, Candy Land, Guess Who, Trouble - just to name a few.
- Bake with your child. Use picture recipes to help children learn how to read the ingredients and procedures.
- Start a project or activity that you can do together.
- Watch a movie as a family with a nice warm cup of hot cocoa.



BUILDING CONTACT INFO

Lakeview Elementary

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Principal

Bryan Baker
EXT 1301

Assistant Principal

Andy Hotek
EXT 1306

Nurse

Krystal Bronson
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UPCOMING EVENTS

Week of December 16th

Winter Dress Up Days

Wednesday, December 18th

Santa Visit at Lakeview (K-2)

Thursday, December 19th

Winter Themed Parties in Classrooms

Thursday, December 19th

1 Hour Early Dismissal

Friday, December 20th

No School - Professional Development

Monday, December 23rd -

Wednesday, January 1st

No School - Winter Break

Establishing Healthy Sleep Habits

For many parents, the most dreaded time of day can be a child's sleep time. Requests for one more drink of water, fears of monsters under the bed, and a variety of "stalling" techniques can become exhausting for parents who may want to get to sleep themselves. This month we hope to provide a few great pointers from various articles to help make bed time a more pleasant experience.

The following are a few pointers shared on www.babycenter.com in an article called "How to Help Your Grade-Schooler Establish Healthy Sleep Habits."

- **Stick to a set bedtime** - This may be the most important pointer. If your child has a 9:00 bedtime and needs to wake up by 6:30 to be at school on time they will be short sleep even if they fall asleep right away. Experts recommend a set bedtime each night (even weekends) to establish routines for kids.
- **Keep a consistent routine** - In our busy lives this can be hard. Teeth brushing, baths, books, getting a drink of water, can all be part of your routine. It is important to be consistent if possible with these. Avoid "screen time" before bed as recent research is showing that the light from screens may reduce our production of melatonin which regulates the sleep-wake cycle.

Give your child a chance to unload his or her worries. Talking out the concerns of the day can help your child to sleep more peacefully.



Attendance or Transportation Changes

Please call the office for changes with attendance or transportation. If a child brings a note please have them drop it off to the secretaries in the office to ensure they get this information.

CASE Notes : School Counseling

In CASE classes, students have been learning about empathy and compassion. When you have empathy for others, you can say or do many things to show your care and concern. Showing care or concern for others is called compassion. Saying something kind or doing something helpful for others are examples of showing compassion.

Ask your child: How do you show compassion for others at school?

Here are scenarios to read to your child and decide together how you could show compassion.

You see your neighbor unloading bags and bags of heavy groceries.

Your sister scraped her knee on the sidewalk, and she's crying.

You see a kindergartner slip and fall down in front of you on the way to school.

Your friend is sitting next to his favorite toy, and it's broken.

Your mom is setting the table for dinner, and your little brother needs help tying his shoes.



#BigRedsLEAD
**Big Reds are: Learning,
Engaged, Active, Dependable**

Coach's Corner: Jenny Durham

Literacy

During part of the November professional development time, the K-5 teachers began working on Unit 2: The Speech Sounds of English in our LETRS (Language Essentials for Teachers of Reading and Spelling) professional learning course of study. In December, we will continue with Unit 2, focusing on understanding how phonological skills develop, what phonological skills should be taught, and how phonological skills can be assessed.

Math

During math intervention time, first grade through fifth grade students continue to work through important math concepts. Teachers work with small groups or individual students to provide more focused instruction in foundational math areas. This approach allows teachers to guide the conversations and understanding for students. Instructional Coaches monitor student progress and provide timelines for teachers. This ongoing support helps ensure that learning is continuous, targeted, and effective for all students.

Weather Delays and Snow Days

This is the time of year we begin thinking about snow, ice, etc. that might justify a late start, early dismissal or a "virtual" snow day. We will provide notification about school late starts, early dismissals, or "virtual" snow days via Facebook and our messenger service. For K-5 we have handed out 5 day paper packets for all classes during parent teacher conferences instead of a virtual instruction. This is the same procedure that we did last year as well. Please have your child complete a day of this paper packet for each snow day we must take.